

HEALTHY CHOICES

Most of our Healthy Choice options are under 600 calories.

- HEALTHY CHOICE LIFE BOWL**\$9.99
Rice accompanied by Southwest seasoned chicken, black beans, corn, pico de gallo, guacamole, cilantro and fresh lime. (Under 600 calories)
- QUINOA COMFORT FOOD BOWL**\$10.99
Smoked pulled pork, black beans, sweet corn, pickled red onions and Jack-cheddar cheese with a touch of BBQ sauce over warm red quinoa. Garnished with cilantro.
- BALSAMIC CHICKEN SALAD** ^{CS} \$11.49
Romaine tossed with Dijon Balsamic vinaigrette dressing and tomato bruschetta. Topped with roasted red peppers, olives, Romano cheese, grilled chicken and scallions.
- CHICKEN FRESCA** ^{CS} \$11.99
Chicken tenders sautéed in our light tomato white wine sauce with mushrooms, tomato bruschetta, roasted red peppers, Romano cheese, scallions and fresh lemon. Served over seasoned rice.
- SURF 'N TURF** ^{CS}\$14.99
6oz USDA Angus Flat Iron steak served with sautéed shrimp lightly seasoned with Cajun spices and fresh vegetables. (Under 800 calories)
- SPICY ASIAN STIR FRY** \$11.59
Sautéed shrimp mixed with veggies and mushrooms in a spicy chili sauce. Served over seasoned rice.
- GRILLED CAJUN HADDOCK** ^{CS} \$10.99
Cajun spiced haddock topped with a fresh made pico de gallo and fresh lemon. Served with fresh garden vegetables.
- SEARED CHICKEN MEDITERRANEAN WRAP** \$10.99
A whole grain protein wrap filled with grilled chicken, lettuce, roasted red peppers, guacamole, cucumbers, banana peppers and a drizzle of Balsamic vinaigrette. Served with fresh vegetables and a pickle. (Under 700 calories)

SHAREABLE DESSERTS

- NEW! STRAWBERRY SUGAR COOKIE MONSTER** ..\$6.19
Two warm sugar cookies topped with vanilla ice cream, fresh sliced strawberries, strawberry sauce and whipped cream.
- CHOCOLATE PEANUT BUTTER PIE**\$6.39
Homemade with chocolate crumb crust, creamy peanut butter, topped with semi-sweet chocolate and whipped cream.
- HOMEMADE CHEESECAKE**.....\$6.29
Our homemade cheesecake topped with your choice of cherries, strawberries, hot fudge or chocolate and cream cookie crumbs.
- CHOCOLATE CHIP COOKIE MONSTER**\$5.99
Two warm chocolate chip cookies topped with vanilla ice cream, hot fudge and whipped cream.

BEVERAGES

FRUIT SMOOTHIES (NON-ALCOHOL)

Wild Berry • Strawberry

FRESHLY SQUEEZED LEMONADE

Now Available in Sugar Free

Original • Pomegranate • Blue Raspberry
Strawberry • Watermelon • Cherry

PEPSI FOUNTAIN PRODUCTS

ICED TEA • COFFEE • HOT TEA

Free refills available on all Fountain Products, Iced Tea, Coffee & Hot Tea

BOTTLES

Saratoga Water | Gatorade | G2 | IBC Rootbeer

As of September 2018, we have sold 201,845,298
of the Best Chicken Tenders on Earth®

\$5⁹⁵

STARTERS & SNACKS

HAPPY HOUR

Monday thru Thursday

Dine-in only.

3:30pm to 6:00pm

Buffalo Tender Melt
Chicken & Cheese
Louisiana Crab Dip
Mozzarella Sticks
Chips and Salsa

LATE NIGHT

Sunday thru Thursday

Dine-in only.

Starting at 9pm

Buffalo Tender Melt
Chicken & Cheese
Louisiana Crab Dip
Mozzarella Sticks
Chips and Salsa
Grilled Sausage Crisp

\$5⁹⁵

TENDER APPS AFTER 9PM

SUNDAY THRU THURSDAY WITH DRINK PURCHASE

Tully's Original Tender Apps
Served with fries and Tully's Honey Mustard sauce.
Sub Buffalo or Asian Tenders add \$0.20. Dine-in only.

DID YOU KNOW?

Many of our menu items are made fresh in our
kitchen daily and from scratch!

Chocolate Peanut Butter Pie	Seafood Chowder (seasonal)
Baked Apple Crumb Pie (seasonal)	Homemade Chili (seasonal)
Pumpkin Cheesecake (seasonal)	Chicken Noodle Soup (seasonal)
Cheesecake	Baked Potato Soup
Honey Mustard	French Onion Soup
Ranch Dressing	Tex-Mex Egg Rolls
Balsamic Vinaigrette	Mile High Meatloaf

These items are always fresh, never frozen:

Burgers
Chicken Breast
Chicken Tenders
Jumbo Chicken Wings

We do our best to bring you the freshest food made from the best
ingredients. Everything is cooked to order, never ahead of time.
You can taste the difference!

A Special Thanks to Following Brands



Tully's

HOMEMADE FOOD AT A GREAT VALUE.

STARTERS & SNACKS

- MOZZARELLA STICKS**\$8.59
Lightly battered and served with our own marinara sauce.
- GRILLED SAUSAGE CRISP**\$8.69
Ground sweet Italian sausage, mozzarella cheese and pepperoncini stuffed in a grilled flour tortilla. Topped with Romano cheese and served with marinara for dipping.
- LOUISIANA CRAB DIP**\$8.99
Creamy homemade imitation crab with a little zing! Served with tortilla chips.
- STUFFED PORTOBELLO** \$9.19
Homemade sausage filling stuffed in a portobello mushroom and topped with marinara and melted mozzarella. Served with garlic bread.
- SPINACH & ARTICHOKE DIP** ^{CS}\$9.39
Creamy Romano cheese, spinach and artichokes. Topped with tomatoes, scallions, Jack-cheddar cheese. Served hot with tortilla chips and salsa.
- BUFFALO TENDER MELT**\$9.59
Tully's Buffalo Tenders on top of fresh, hot fries smothered with homemade nacho cheese sauce, diced tomatoes, scallions and melted Jack-cheddar cheese.
- GARLIC PARM WINGS** \$11.19
Over a pound of fresh, jumbo wings, lightly dusted with flour then tossed in our homemade garlic Parmesan sauce. Celery and Tully's Ranch dressing included.
- TULLY'S ORIGINAL WINGS** \$11.19
Over a pound of our fresh, jumbo wings lightly dusted with flour. Choose from Tully's signature sauces: Mild, Medium, Hot, or BBQ. Celery and Bleu cheese included.
- 10 TULLY'S TENDERS** [@]\$13.99
Served with Tully's Honey Mustard sauce. Sub Buffalo Tenders add \$0.50.
- TULLY'S BUFFALO WINGS** ^{CS} \$11.19
Over a pound of our fresh, jumbo Buffalo style chicken wings tossed in homemade Buffalo sauce. Celery and Bleu cheese included.
- LOADED FRIES**\$10.79
Smothered with melted Jack-cheddar cheese, bacon bits and Tully's Ranch for dipping.
- SUPER NACHOS** ^{CS}\$10.59
Tortilla chips topped with a mix of spicy beef and refried beans, Jack-cheddar cheese, lettuce, olives, pico de gallo, jalapeños, scallions, sour cream and salsa on the side.
- TEX-MEX EGG ROLLS**\$9.69
Filled with spicy chicken, corn, black beans, peppers, onions and melted cheese. Served with spicy Cajun sauce and salsa.
- CHICKEN WING DIP** ^{CS}\$9.59
Our homemade spicy dip topped with melted Jack-cheddar cheese, tomatoes, scallions and sour cream. Served with tortilla chips.
- CHICKEN-N-CHEESE**\$8.99
Tully's Tenders® and mozzarella sticks with Tully's Honey Mustard and our own marinara sauce.
- VEGGIE QUESADILLA**\$8.99
A flour tortilla packed with cheese, tomatoes, jalapeños, black olives and scallions. Served with sour cream and pico de gallo..... Add chicken \$2.39

The Best Chicken Tenders on Earth®

Our chicken tenders are fresh, non-marinated, never frozen and all-natural.

TULLY'S TENDERS® \$9.99

Hand battered chicken tenders served with fries and Tully's Honey Mustard.

BUFFALO TENDERS \$10.49

Tully's Tenders® dipped in Buffalo wing sauce. Served with fries and creamy Bleu cheese.

ASIAN TENDERS \$10.49

Tully's Tenders® tossed in a sweet 'n spicy Asian sauce and sprinkled with fresh scallions. Served with fries and Tully's Ranch.